



Welcome to the Bennett Health Clinic and thank you for choosing our clinic for health care services. We provide health care services to the 4th Infantry Division Soldiers and their family members. The clinic is located at 31st Street between Battalion Avenue and 761<sup>st</sup> Tank Battalion Avenue, Fort Hood, Texas.

When you enrolled in TRICARE Prime, you were given a primary care provider (PCP) by name. The Patient Appointment Service, 288-8888, will always attempt to give you an appointment with your provider. When your provider is deployed or otherwise unavailable, your appointments will generally be with a member of your provider's team.

**Bennett Health Clinic Hours**  
Mon./Tue./Wed./Fri. .... 8 a.m. - 5 p.m.  
Thursday.....8 - 10 a.m.& 1 - 5 p.m.  
Weekends & Holidays .....CLOSED

On CRDAMC Training Holidays health care will be administered at the Thomas Moore Health Clinic from 8 a.m. - 10 a.m. and 1 p.m. - 5 p.m.

For weekend care, see information under Weekend Acute Care Clinic (WACC) in the green box, far right panel.

**TRICARE**

TRICARE is the source of health care for all military beneficiaries. It is free for active-duty personnel and their families. Although you have access to the best health care in the world, there are some important restrictions. Please be sure

to read your TRICARE information given to you at the TRICARE Service Center. It provides you with important information about your responsibilities when you seek health care from sources other than military facilities and your responsibilities when you are away from Fort Hood and need health care.

**Active-Duty Sick Call**

Sick Call is for acute or urgent illness. A Military ID and a Sick Call Slip (DD Form 689) are required. For weekend care, see info under Weekend Acute Care Clinic, in the green box, far right panel.

**Bennett Clinic Active-Duty Sick Call Hours**  
Sick Call Sign-In is held at your unit aid station. See your unit first sergeant for location and times.

**Bennett Clinic Active-Duty Evaluation and Treatment Hours**  
Monday - Friday..... Appointments Only  
Regular Business Hours..... 7 a.m. - 3 p.m.

**Active-Duty Physicals**

Retirement, ETS, or military school physicals may be scheduled at the Bennett Health Clinic. You may walk-in during duty hours to pick-up the information sheet and schedule the physical. All other physicals, including the medical board physical, must be scheduled by the Soldier Medical Readiness Center, 286-7216. Please call Troop Medical Clinic 12 at 287-4612 to schedule flight physicals.

Part I Physicals are scheduled at Thomas Moore Health Clinic by calling 288-8888.

Part II Physicals are scheduled by walking in the Bennett Health Clinic between 8 a.m. and 3 p.m.

**Active-Duty Pregnancy**

Pregnant active-duty Soldiers who are acutely ill have priority in the OB/GYN Clinic at Carl R.

Darnall Medical Center (CRDAMC). OB sick call sign-in is 7:30 - 8:30 a.m. Monday, Tuesday, Wednesday and Friday, and from 9-10 a.m. on Thursday. Please get a Sick Slip (DD Form 689) from your unit and your OB record from the Women's Health Clinic before going to sick call. After-duty hours and weekends, please go to CRDAMC Emergency Department for care.

**Women's Health**

Primary care providers at the Bennett Health Clinic have routine appointments for pap smears, well-woman exams, gynecological problems, and contraceptive counseling. Please call Patient Appointments, 288-8888, or make an appointment online at [www.hood-meddac.army.mil](http://www.hood-meddac.army.mil).

Women who intend to become pregnant should take prenatal vitamins before becoming pregnant to reduce the risk of birth defects. Prenatal vitamins are available at any Family Medicine Residency Center or Troop Medical Clinic. Most pregnant women (active-duty and family members) are cared for at CRDAMC's Women's Health Center or the CRDAMC Family Medicine Residency Center. If you have a positive home pregnancy test or a positive lab pregnancy test, call the Women's Health Center, 286-7780, to start your pregnancy care. Pregnancy tests are done on a walk-in basis from 8 a.m. - 4 p.m.

**Well Baby & Child Exams**

Pediatric care for children from birth to 18 years of age is available from your primary care provider. Children receive a comprehensive examination and immunizations during well child visits. Bring medical records and all shot records to the appointment. Call 288-8888 for an appointment or make an appointment online at [www.hood-meddac.army.mil](http://www.hood-meddac.army.mil).

**School & Sports Physicals**

Appointments for school and sports physicals are set aside each summer for school children. Once the academic year starts, school and

sports physicals are available by scheduling a routine appointment with your primary care provider. Please bring all necessary school forms with the medical records and shot records.

**Immunizations**

Make a Well Baby appointment for children under age 5. Immunizations for patients 5 years and older must be scheduled by calling 288-7013 for an appointment. Active-duty service members get their immunizations at the Soldier Medical Readiness Center.

**Minor Surgery**

Treatment of boils, abscesses, warts, skin biopsies and vasectomies are examples of just a few of the minor surgical procedures available at the Bennett Health Clinic. Check with your primary care provider for more information. Appointments are scheduled for minor surgical procedures.

**Weekend Acute Care Clinic (WACC)**

For health care on weekends and holidays, the Department of Family & Community Medicine (DFCM) beneficiaries can walk into the Family Medicine Residency Center located at Carl R. Darnall Army Medical Center Bldg. 36000 (WACC).

**Family Medicine Residency at CRDAMC**

**Weekend Acute Care Hours**

Open to all Tri-Care patients  
Sat., Sun., and holidays  
8 a.m. - 10 a.m. & 1 p.m. - 3 p.m.

**Active-Duty Sick Call Walk-In at the WACC**

Sat., Sun., and holidays  
8 - 10 a.m.





### Self-Referral Clinics

These clinics are available from 8 - 11 a.m. & 1 - 3 p.m. and are specific to the following conditions:

#### Pregnancy Test Self-Referral Clinic

#### Depo Provera Self-Referral Clinic

Eligibility: Documented Order for Depo Provera

#### Sore Throat Self-Referral Clinic

Eligibility: Ages 3 - 55 years

#### Painful Urination Self-Referral Clinic

Eligibility: Ages 18 - 55 years

### Referral Services

Referrals to a specialist or other Medical Treatment Facility require an appointment and evaluation by your primary care manager. Referrals are processed thru the Managed Care Division's Referral Branch in building 36027, across from CRDAMC's main entrance. To inquire about your referral, call 553-1846.

### Pharmacy Services

A newly renovated pharmacy is located at Bennett Health Clinic. The pharmacy has a complete inventory of medications listed on the CRDAMC formulary. A current military identification card is required to fill all prescriptions for individuals 10 years and older. Refills must be called in to the Phone-In Refill Pharmacy, or requested online, www.hood-meddac.army.mil.

#### Bennett Health Clinic Pharmacy Hours

Monday - Friday..... 8 a.m. - 5 p.m.

### Physical Therapy Services

Physical Therapy services are for active-duty by appointment only.

#### Physical Therapy Clinic Hours

Monday - Thursday..... 7:30 a.m. - 4:30 p.m.

Friday..... 10 a.m. - 4:30 p.m.

..... closed for lunch at noon

### Laboratory Services

Basic laboratory services are available at Bennett Health Clinic. Special tests are done at CRDAMC's laboratory.

#### Bennett Health Clinic Laboratory Hours

Monday - Friday..... 7:30 a.m. - 4:15 p.m.

### Radiology Services

The clinic offers basic radiology services. Special tests are done at CRDAMC's Radiology department.

#### Bennett Health Clinic Radiology Hours

Monday - Friday..... 7:45 a.m. - 4:15 p.m.

closed for lunch ..... 11:30 a.m. - 12:30 p.m.

### Self-Care Classes

Through the Self-Care Program, you can attend a class and receive a card that allows you to receive free, limited quantities of over-the-counter medications at CRDAMC's pharmacies. Just attend one class. To enroll, call Appointment Services, 288-8888.



### Weigh To Play

Eligibility: Ages 5 - 12; self referral

This program is a 12-month educational and multi-disciplinary activity program for children who are at/above 85% on the growth chart. It provides assistance to children and their families with making lifestyle changes. It provides instruction on nutrition, physical therapy, and behavior modification. To enroll call Bennett Clinic at 618-8040.



### Health Care Information

The best source for information about your health is your primary care provider. However, when he or she is not available, there are numerous other sources for health care information. CRDAMC's Population Health Clinic, on the

third floor of the medical center, is an excellent resource center. All of CRDAMC's clinics have a variety of educational materials and brochures. The TRICARE Service Center, in building 36023 across from CRDAMC's main entrance, has a large supply of educational and informational brochures. If you prefer to use the telephone for information, call: Humana Audio Health Library, 1-877-217-7946, or TRICARE Information Service, 1-800-DOD-CARE.

### Important Phone Numbers

Appointments..... 288-8888  
Bennett Health Clinic..... 618-8039  
Bennett Pharmacy..... 618-8123  
Cancel Appointments..... 288-7777  
Health Benefits Adviser..... 288-8155  
Refill Pharmacy..... 288-8911/8912

### Traveling

Urgent Care Authorization  
1-800-305-6421

### Emergency Care

Go to the nearest Emergency Room and keep your receipts



Carl R. Darnall Army Medical Center  
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